



INTERNATIONAL
CAMPUS OF
EXCELLENCE

COORDINATION PROCESS OF
LEARNING ACTIVITIES
PR/CL/001



Facultad de Ciencias de la
Actividad Física y del Deporte -
Inef

ANX-PR/CL/001-01

LEARNING GUIDE

SUBJECT

303000016 - Specific English For Physical Education Teachers Applied To International Schools

DEGREE PROGRAMME

30AG - M U En Formacion Del Profesorado En Eso Bachillerato Y Fp (esp Educ Física)

ACADEMIC YEAR & SEMESTER

2023/24 - Semester 1

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1. Description

1.1. Subject details

Name of the subject	303000016 - Specific English For Physical Education Teachers Applied To International Schools
No of credits	3 ECTS
Type	Optional
Academic year of the programme	First year
Semester of tuition	Semester 1
Tuition period	September-January
Tuition languages	English
Degree programme	30AG - M U en Formacion del Profesorado en Eso Bachillerato y Fp (Esp Educ Física)
Centre	11 - Facultad De Ciencias De La Actividad Fisica Y Del Deporte - Inef
Academic year	2023-24

2. Faculty

2.1. Faculty members with subject teaching role

Name and surname	Office/Room	Email	Tutoring hours *
Maria Jose Gomez Ortiz (Subject coordinator)	403	maria.gomez.ortiz@upm.es	M - 10:00 - 14:00 Indicative schedule for 2023-2024. Variations may occur.

* The tutoring schedule is indicative and subject to possible changes. Please check tutoring times with the faculty member in charge.

3. Prior knowledge recommended to take the subject

3.1. Recommended (passed) subjects

The subject - recommended (passed), are not defined.

3.2. Other recommended learning outcomes

- A medium-high knowledge of English is recommended.

4. Skills and learning outcomes *

4.1. Skills to be learned

CE15 - Conocer contextos y situaciones en que se usan o aplican los diversos contenidos curriculares.

CE19 - Transformar los currículos en programas de actividades y de trabajo.

CE20 - Adquirir criterios de selección y elaboración de materiales educativos.

CE26 - Identificar problemas relativos a la enseñanza y aprendizaje de las materias de la especialización y plantear alternativas y soluciones.

CT01 - Usar de manera adecuada la lengua inglesa.

CT05 - Generar aptitudes relacionadas con la gestión de la información.

CT07 - Fomentar el trabajo en contextos internacionales.

4.2. Learning outcomes

RA3 - Diseñar tareas, sesiones y unidades didácticas siguiendo los principios básicos de programación.

RA6 - Expresarse oralmente con un grado suficiente de fluidez y corrección en lengua inglesa en entornos académicos educativos.

RA5 - Adquirir un buen dominio de la expresión oral y escrita en entornos educativos bilingües.

RA7 - Comprender de modo efectivo el discurso académico - profesional oral en inglés.

RA8 - Redactar documentos formales en lengua inglesa siguiendo las convenciones académico - profesionales relevantes según el caso.

* The Learning Guides should reflect the Skills and Learning Outcomes in the same way as indicated in the Degree Verification Memory. For this reason, they have not been translated into English and appear in Spanish.

5. Brief description of the subject and syllabus

5.1. Brief description of the subject

The subject will be developed through an expository methodology both by the teacher and by the students themselves, but mainly by the students. It requires a really active participation of the students, so they will make oral presentations along with practical activities and reflection on practical assumptions.

The students will work individually and cooperatively, using the following methods:

1. task-based learning,
2. project-oriented learning,
3. cooperative learning,
4. expository method,
5. interactive method,
6. role-play of a PE teacher,

5.2. Syllabus

1. 1. Introduction to Teaching PE in English. CLIL strategies.
2. 2. Human body. Learning specific vocabulary techniques.
 - 2.1. 2.1. Health and nutrition. Learning specific vocabulary techniques.
 - 2.2. 2.2. Common injuries. Learning specific vocabulary techniques.
3. 3. Giving instructions: in physical exercises and games
 - 3.1. 3.1. Imperative and common mistakes.
 - 3.2. 3.2. Interaction with students in English (1). Useful vocabulary.
4. 4. Sports and games.
 - 4.1. 4.1. Learning specific vocabulary and collocations.
 - 4.2. 4.2. Interaction with students in English (2). Useful vocabulary.
 - 4.3. 4.3. Comparison of skills.
5. 5. Preparing the unit / lesson plan.
 - 5.1. 5.1. The structure of the lesson plan.
 - 5.2. 5.2. Presenting the lesson plan orally.
 - 5.3. 5.3. Frequent grammar mistakes.
 - 5.4. 5.4. Frequent pronunciation mistakes.
6. 6. Presentation of students' lesson plans (they play the role of PE teachers)

6. Schedule

6.1. Subject schedule*

Week	Classroom activities	Laboratory activities	Distant / On-line	Assessment activities
1	<p>Topic 1. Introduction to Teaching PE in English. CLIL strategies. Duration: 02:10 Lecture</p> <p>Topic 2. Human body. Learning specific vocabulary techniques. Clase magistral con grupos de discusión Duration: 02:10 Cooperative activities</p> <p>Topic 2.2. Health and nutrition. Learning specific vocabulary techniques. Duration: 02:10 Cooperative activities</p>			
2	<p>Topic 2.3. Common injuries. Learning specific vocabulary techniques. Duration: 02:10 Cooperative activities</p> <p>Topic 3. Giving instructions: physical exercises and games. Duration: 02:10 Cooperative activities</p> <p>Topic 3.1. Imperative and common mistakes 3.2. Interaction with students (1). Useful vocabulary Duration: 02:10 Cooperative activities</p>			
3	<p>Topic 3.1. Imperative and common mistakes 3.2. Interaction with students (1). Useful vocabulary Duration: 02:10 Cooperative activities</p> <p>Topic 4. Sports and games 4.1. Learning specific vocabulary and collocations 4.2. Interaction with students in English (2). Useful vocabulary 4.3. Comparison of skills Duration: 02:10 Cooperative activities</p>			

4	<p>Topic 5.Preparing the unit / lesson plan</p> <p>5.1. The structure of the lesson plan Duration: 02:10 Cooperative activities</p> <p>Topic 5.2. Presenting the lesson plan orally</p> <p>5.3. Frequent grammar mistakes</p> <p>5.4. Frequent pronunciation mistakes Duration: 02:10 Cooperative activities</p>			<p>Vocabulary, Pronunciation and Grammar Test (previous to present Lesson Plans)</p> <p>Prueba escrita y oral</p> <p>Online test Continuous assessment Not Presential Duration: 02:15</p>
5	<p>Students present their Lesson Plans Duration: 02:10 Additional activities</p>			<p>Students present their Lesson Plans</p> <p>Online test Continuous assessment Not Presential Duration: 02:15</p>
6	<p>Students present their Lesson Plans Duration: 02:10 Additional activities</p>			<p>Students present their Lesson Plans</p> <p>Online test Continuous assessment Not Presential Duration: 01:50</p>
7	<p>Students present their Lesson Plans Duration: 02:10 Additional activities</p>			<p>Students present their Lesson Plans</p> <p>Online test Continuous assessment Not Presential Duration: 01:50</p>
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				<p>Students present their Lesson Plans</p> <p>Problem-solving test Final examination Presential Duration: 01:30</p>

Depending on the programme study plan, total values will be calculated according to the ECTS credit unit as 26/27 hours of student face-to-face contact and independent study time.

* The schedule is based on an a priori planning of the subject; it might be modified during the academic year, especially considering the COVID19 evolution.

7. Activities and assessment criteria

7.1. Assessment activities

7.1.1. Assessment

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
4	Vocabulary, Pronunciation and Grammar Test (previous to present Lesson Plans) Prueba escrita y oral	Online test	No Presential	02:15	40%	5 / 10	CT05 CT07 CT01 CE26 CE15 CE19 CE20
5	Students present their Lesson Plans	Online test	No Presential	02:15	20%	5 / 10	CT01 CE26 CE15 CE19 CE20 CT05 CT07
6	Students present their Lesson Plans	Online test	No Presential	01:50	20%	5 / 10	CT05 CT07 CT01 CE26 CE15 CE19 CE20
7	Students present their Lesson Plans	Online test	No Presential	01:50	20%	5 / 10	CT05 CT07 CT01 CE26 CE15 CE19 CE20

7.1.2. Global examination

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
17	Students present their Lesson Plans	Problem-solving test	Face-to-face	01:30	100%	5 / 10	CT05 CT07 CT01 CE26 CE15 CE19 CE20

7.1.3. Referred (re-sit) examination

Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
Students present their lesson plans	Problem-solving test	Face-to-face	01:30	100%	5 / 10	CT05 CT07 CT01 CE26 CE15 CE19 CE20

7.2. Assessment criteria

			Progresiva					

			Progresiva					
			Progresiva		Sí			
	Global test							

Se tendrá en cuenta la asistencia junto con participación activa, la realización de tareas individuales, la colaboración grupal y la superación de pruebas escritas y orales.

Se exige un mínimo del 70% de asistencia a las sesiones presenciales.

8. Teaching resources

8.1. Teaching resources for the subject

Name	Type	Notes
http://www.britishcouncil.org	Web resource	Bilingual education resources
http://www.bbc.co.uk/schools	Web resource	Bilingual education resources
http://www.espresso.co.uk	Web resource	Bilingual education resources
https://moodle.upm.es/titulaciones/oficiales	Web resource	Material educativo bilingüe
Coyle, D. (2010). CLIL. Content and Language Integrated Learning. Cambridge University Press.	Bibliography	CLIL methodology in a bilingual environment
Webster, D. (2009). Revise GCSE. Physical Education. London: Letts Educational.	Bibliography	PE curriculum content
Aula con cañón y acceso a internet	Equipment	Classroom equipment
Pistas de baloncesto, tennis, hockey, etc para clases prácticas	Others	Sports courts for the practices in the subject
Google Drive, Teams, Moodle, Zoom	Web resource	Online tutoring

9. Other information

9.1. Other information about the subject

THIS SUBJECT DEALS WITH CONTENT RELATED TO SPORT AND SUSTAINABILITY:

Doing sport is one of people's main resolutions every beginning of the year. However, do you know, for example, how much pollution a Marathon creates? And a major sporting event like the football world cup? Some sports activities can also damage the environment and you should know about this to keep their effects to a minimum.

Bet on sustainable sport!