



INTERNATIONAL
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COORDINATION PROCESS OF
LEARNING ACTIVITIES
PR/CL/001



Facultad de Ciencias de la
Actividad Física y del Deporte -
Inef

ANX-PR/CL/001-01

LEARNING GUIDE

SUBJECT

115100031 - English For Professional And Academic Communication In Sports

DEGREE PROGRAMME

11AF - Grado En Ciencias De La Actividad Física Y Del Deporte

ACADEMIC YEAR & SEMESTER

2023/24 - Semester 1

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1. Description

1.1. Subject details

Name of the subject	115100031 - English For Professional And Academic Communication In Sports
No of credits	6 ECTS
Type	Compulsory
Academic year of the programme	Fourth year
Semester of tuition	Semester 7 Semester 8
Tuition period	September-January
Tuition languages	English
Degree programme	11AF - Grado en Ciencias de la Actividad Física y del Deporte
Centre	11 - Facultad De Ciencias De La Actividad Fisica Y Del Deporte - Inef
Academic year	2023-24

2. Faculty

2.1. Faculty members with subject teaching role

Name and surname	Office/Room	Email	Tutoring hours *
Maria Jose Gomez Ortiz (Subject coordinator)	403	maria.gomez.ortiz@upm.es	M - 09:45 - 12:45 W - 09:45 - 12:45 Indicative schedule for 2023-2024. Variations may occur.

Luis Felipe Soldevila Ribelles	403	luis.soldevila.ribelles@upm.es	M - 10:00 - 14:00 Indicative schedule for 2023-2024. Variations may occur.
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* The tutoring schedule is indicative and subject to possible changes. Please check tutoring times with the faculty member in charge.

3. Prior knowledge required to take the subject

3.1. Prerequisite (passed) subjects

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- Nivelación B1 en Lengua Inglesa

- Nivelacion B2 en Lengua Inglesa

3.2. Other required learning outcomes

The subject - other required learning outcomes, are not defined.

4. Prior knowledge recommended to take the subject

4.1. Recommended (passed) subjects

The subject - recommended (passed), are not defined.

4.2. Other recommended learning outcomes

- B1 level of English

5. Skills and learning outcomes *

5.1. Skills to be learned

CG12 - Comprender y manejar la literatura científica del ámbito de la actividad física y el deporte en lengua inglesa y en otras lenguas de presencia significativa en el ámbito científico y específico de conocimiento.

CG13 - Desarrollar habilidades adecuadas de comunicación oral y escrita en lengua inglesa y en otras lenguas de presencia significativa en el ámbito científico y específico de conocimiento, que permitan la adecuada comunicación y transferencia de conocimientos.

5.2. Learning outcomes

RA1 - RA506_Be able to communicate orally in English

RA2 - RA507_Be able to communicate professionally in English

* The Learning Guides should reflect the Skills and Learning Outcomes in the same way as indicated in the Degree Verification Memory. For this reason, they have not been translated into English and appear in Spanish.

6. Brief description of the subject and syllabus

6.1. Brief description of the subject

With this course the student works the necessary skills in English to manage in a professional and academic communication environment related to sports and physical activity.

6.2. Syllabus

1. Being a coach. Instructions. Human body. Food, health and fitness. Sports and games. Grammar.
2. Giving an oral presentation. Useful language and grammar.
3. CV and Cover Letter. Professional World.
4. Writing an essay. Academic vocabulary. Grammar.

7. Schedule

7.1. Subject schedule*

Week	Classroom activities	Laboratory activities	Distant / On-line	Assessment activities
1	Reading documents Duration: 03:25 Cooperative activities		Reading documents Duration: 02:00 Cooperative activities	
2	Reading documents Duration: 03:30 Cooperative activities		Reading documents Duration: 02:00 Cooperative activities	
3	Listening activities Duration: 03:30 Cooperative activities		Listening activities Duration: 02:00 Cooperative activities	Video CV (oral and written work). Individual presentation Continuous assessment Presential Duration: 00:30
4	Listening activities Duration: 03:30 Cooperative activities		Listening activities Duration: 02:00 Cooperative activities	
5	Oral presentations Duration: 04:00 Cooperative activities		Oral presentations Duration: 02:00 Cooperative activities	
6	Oral presentations Duration: 04:00 Cooperative activities		Oral presentations Duration: 02:00 Cooperative activities	
7	Oral presentations Duration: 04:00 Cooperative activities		Oral presentations Duration: 02:00 Cooperative activities	Fitness project applied to a client profile Individual work Continuous assessment Presential Duration: 00:15
8	Listening and talking activities Duration: 04:00 Cooperative activities		Listening and talking activities Duration: 04:00 Cooperative activities	
9	Listening and talking activities Duration: 04:00 Cooperative activities		Listening and talking activities Duration: 02:00 Cooperative activities	
10	Listening and talking activities Duration: 04:00 Cooperative activities		Listening and talking activities Duration: 02:00 Cooperative activities	Oral presentations Group presentation Continuous assessment Presential Duration: 00:20
11	Writing documents Duration: 03:30 Cooperative activities		Writing documents Duration: 02:00 Cooperative activities	
12	Writing documents Duration: 03:30 Cooperative activities		Writing documents Duration: 02:00 Cooperative activities	

13	Writing documents Duration: 03:30 Cooperative activities		Writing documents Duration: 01:00 Cooperative activities	
14	Writing documents Duration: 03:30 Cooperative activities		Writing documents Duration: 01:00 Cooperative activities	Argumentative essay and academic vocabulary Written test Continuous assessment Presential Duration: 01:45
15	Writing documents Duration: 04:00 Cooperative activities		Writing documents Duration: 01:00 Cooperative activities	Active participation in class Other assessment Continuous assessment Presential Duration: 00:00
16				
17				Global exam Individual work Final examination Presential Duration: 02:00

Depending on the programme study plan, total values will be calculated according to the ECTS credit unit as 26/27 hours of student face-to-face contact and independent study time.

* The schedule is based on an a priori planning of the subject; it might be modified during the academic year, especially considering the COVID19 evolution.

8. Activities and assessment criteria

8.1. Assessment activities

8.1.1. Assessment

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
3	Video CV (oral and written work).	Individual presentation	Face-to-face	00:30	15%	5 / 10	CG12 CG13
7	Fitness project applied to a client profile	Individual work	Face-to-face	00:15	20%	5 / 10	CG12 CG13
10	Oral presentations	Group presentation	Face-to-face	00:20	25%	5 / 10	CG12 CG13
14	Argumentative essay and academic vocabulary	Written test	Face-to-face	01:45	30%	5 / 10	CG12 CG13
15	Active participation in class	Other assessment	Face-to-face	00:00	10%	5 / 10	CG12 CG13

8.1.2. Global examination

Week	Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
17	Global exam	Individual work	Face-to-face	02:00	100%	5 / 10	CG12 CG13

8.1.3. Referred (re-sit) examination

Description	Modality	Type	Duration	Weight	Minimum grade	Evaluated skills
Global exam	Individual work	Face-to-face	02:00	100%	5 / 10	CG12 CG13

8.2. Assessment criteria

Progressive assessment through the evaluation of the student participation in the following activities:

- Attendance and participation in classroom discussions. 10%
- Video CV (oral and written) 20%
- Fitness project applied to a client profile 20%
- Oral presentations 25%
- Argumentative essay and academic vocabulary 30%

Global exam (50%):

- Written test with all the contents of the subject, oral interview and oral assignment in English

ATENCIÓN, SEGÚN LA NORMATIVA DE EVALUACIÓN DE LA UPM (mayo de 2022):

"Para poder superar la asignatura, el o la estudiante deberá acreditar el nivel B2 con una antelación de, al menos, cinco días hábiles previos al examen de la convocatoria ordinaria o extraordinaria, según corresponda. En caso de no hacerlo, el estudiante podrá alcanzar una calificación máxima de 4.0 en la convocatoria ordinaria, y será calificado como No Presentado en la convocatoria extraordinaria."

9. Teaching resources

9.1. Teaching resources for the subject

Name	Type	Notes
Contents	Equipment	- Library and bibliography indicated - Computer centre for preparing work / tasks
Facilities	Equipment	- Classroom to work in groups - Computer and audiovisual media in the classroom - Audiovisual recorder
Teams, Moodle, Zoom	Web resource	Online tutoring

10. Other information

10.1. Other information about the subject

The subject includes content related to sustainability and sport throughout the semester:

Doing sport is one of people's main resolutions every beginning of the year. However, do you know, for example, how much pollution a Marathon creates? And a major sporting event like the football world cup? Some sports activities can also damage the environment and you should know about this to keep their effects to a minimum.

Bet on sustainable sport!